

!" #&/
4;O <548G=>3> 70AB>AC20==O ;V:0@AL:>3> 70A>1C

"
(ROTOCANUM)

!::04:
4VNGV @5G>28=8: 1 <; @V48=8 @><0H:8 (Matricariae recutitae extractum fluidum) 0,50 <; :0;5=4C;8 (Calendulae extractum fluidum) 0,25 <; 45@52VN (Millefolii extractum fluidum) 0,25 <; (5:AB@035=B 40 % 5B0=>);).

V:0@AL:0 D>@<0. V48=0.

A=>2=V DV78:>-EVABV: @V48=0 B5<=>-1C@>3> 7 >@0=6528< 2V4BV=:>< 7010@2;5==O, 7V A;01:8< A?5F8DVG=8< 70?0E>?CA:0TBLAO 28?040==O >A04C.

\$0@<0:>B5@0?52B8G=0 3@C?0.

0A>18, I> 2?;820NBL =0 B@02=C A8AB5 70AB>A>2CNBLAO C AB<0B>;>3VW. >4 "% A01A D11.

\$0@<0:>48=0

><1V=>20=89 @>A;8==89 ?@5?0@0B, 4VO O:>3> >1C<>2;5=0 DV7V>;>3VG=> 0:B82=8<8 @5G>28=0 <8, I> 2E>4OBL 4> 9>3> A:;04C, G8=OBL ?@>B870?0;L=C, ?@>B81=C B0 A?07<>;VB8G=C 4VN, 0 B0:>6 7=86CNBL ?@>=8:=VABL :0?V;O@V2, ?>A8;NNBL V ?@8A:>@NNBL ?@>F5A8 @535=5@0FVW A;87>28E >1>;>=>: (?>:@0ICNBL B@>DVG=V ?@>F5A8) V <0NBL ?> @5?0@0B ?>78B82=> 4VT =0 B@>DV:C A;87>2>W >1>;>=:8 H;C=:0, G8=8BL A?07<>;VB8G=C 4VN. >B>:0= G8=8BL @0=>703>N20;L=C B0 0=B8>:A840=B=C 4VN.

;V=VG=V E0@0:B5@8AB8:8.

>:070==O.

AB<0B>;>3VG=V9 ?@0:B8FV ?@8 70?0;L=8E 70E2>@N20==OE A;87>2>W >1>;>=:8 ?>@>6=8=8 @>B0 (0DB>7=89 B0 V=HV AB<0B8B8, 28@07:>2>=-5:@>B8G=89 3V=3V2>AB<0B8B). # A:;04V :>1V=>20=>W B5@0?VW ?@8 ;V:C20==V 70E2>@N20=L >@30=V2 B@02;5==O (E@>=VG=8E 30AB@8BV2, 4C>45=VBV2, DC=:FV>=0;L=>W 48A?5?AVW, E@>=VG=8E :>;VBV2).

@>B8?>:070==O.

0AB>AC20==O C ?5@V>4 203VB=>ABV 01> 3>4C20==O 3@C44N. V428I5=0 V=482V4C0;L=0 GCB;82VABL 4> 1C4L-O:8E :>5=BV2 ?@5?0@0BC, 3V?5@GCB;82VABL 4> V=H8E @>A;8= @>48=8 9AB@>28E (!:;04=>F2VBV), ?V428I5=5 73>@B0==O :@>2V, AE8;L=VABL 4> B@>1>CB2>@5==O.

70T<>4VO 7 V=H8<8 ;V:0@AL:8<8 70A>10<8 B0 V=HV 2848 270T<>4V9.

@07V =5>1EV4=>ABV >4=>G0A=>3> 70AB>AC20==O 1C4L-O:8E V=H8E ;V:0@AL:8E 70A>1V2 A;V4 ?@>:>=AC;LBC20B8AO 7 ;V:0@5

A>1;82>ABV 70AB>AC20==O.

57 :>=AC;LB0FVW ;V:0@O =5 70AB>A>2C20B8 ?@5?0@0B 4>2H5 2AB0=>2;5=>3> B5@>7=0:8 70E2>@N20==O =5 ?>G=CBL 7=8:0B8 01> 6 =02?0:8, AB0= 74>@>2O ?>3V@H82AO, 7O28;8AO =51060=V O28I0, ?>B@V1=> 725@=CB8AO 4> ;V:0@O 70 :>=AC;LB0FVTN I>4> ?>40;LH>3> 70AB>AC20==O ?@5?0@0BC. 5 ?5@528IC20B8 @5:><5=4>20=V 4>78. @8 28@07:>2V9 E2>@>1V V 30AB@8BV 7 ?V428I5=>N :8A;>B=VABN 70AB>A>2C20B8 @07< 7 0=B0F840<8 V A?07<>;VB8:0<8.

0AB>AC20==O C ?5@V>4 203VB=>ABV 01> 3>4C20==O 3@C44N.

'5@57 2 ?>A8;NT B>=CA <0B:8, 70AB>AC20==O C ?5@V>4 203VB=>ABV 01> 3>4C20==O 3@C44N "@>B8?>:070=>".

40B=VABL 2?;820B8 =0 H284:VABL @50:FVW ?@8 :5@C20==V 02B>B@0=A?>@B< 01> V=H8<8 <5E0=V7<0<8.

5 4>A;V46C20;0AO.

!>AV1 70AB>AC20==O B0 4>78.

5@54 70AB>AC20==O< 4>@>A;8< B0 4VBO< 2V:<< 2V4 12 @>:V2 1 G09=C ;>6:C (5 <) >B>:0=C
@>7G8=8B8 2 1 A:;O=FV B5?;>W 2>48.

0@>4>=B>7 ;V:C20B8 ?VA;O 2840;5==O 7C1=8E 2V4:;045=L B0 V=AB@C<5=B0;L=>W >1@>1:8
?0B>;>3VG=8E OA5==8E :8H5=L. OA5=52V :8H5=V 22>4OBL =0 20 E28;8= B>=:V BC@C=48, 4>1@5 7
<>G5=V ?@83>B>2;5=8< @>7G8=<< ?@5?0@0BC. @>F54C@C ?@>2>4OBL I>45==> 01> G5@57 45=L
(4-6 @07V2).

@8 AB<<0B8B0E B0 V=H8E 70E2>@N20==OE A;87>2>W >1>;>=:8 ?>@>6=8=8 @>B0 ?@5?0@0B
?@87=0G0B8 C 283;04V 0?;V:0FV9 V7 ?@83>B>2;5=>3> @>7G8=C ?@5?0@0BC B@820;VABN 15-20
E28;8= 01> @>B>28E 20==>G>: 7 B0:>3> 6 @>7G8=C B@820;VABN
1-2 E28;8=8. 0AB>A>2C20B8 2-3 @078 =0 45=L ?@>BO3<< 2-5 4=V2.

30AB@>5=B5@>;>3VW >B>:0= 70AB>A>2C20B8 2=CB@VH=L> B0 C ;;V7<0E.

=CB@VH=L> 70AB>A>2C20B8 ?> 1/2-1/3 A:;O=:8 @>7G8=C V7 @>7@0EC=:C 1 G09=0 ;>6:0 >B>:0=C =0
1 A:;O=:C B5?;>W :8?OG5=>W 2>48 70 30 E28;8= 4> W48 01> G5@57 40-60 E28;8= ?VA;O W48, 3-4
@078 =0 4>1C.

;O ;;V76:0 ?@5?0@0BC =0 50-100 <; B5?;>W :8?OG5=>W 2>48 (?VA;O >G8I5==O :8H5G=8:C) 1-2 @078
=0 4>1C. □C@A ;V:C20==O AB0=>28BL 15-20 4=V2. "@820;VABL 70AB>AC20==O ?@5?0@0BC
70;568BL 2V4 4>AO3=CB>3> ;V:C20;L=>3> 5D5:BC B0 ?5@51V3C 70E2>@N20==O.

VB8.

VBO< 2V:<< 4> 12 @>:V2 ?@5?0@0B =5 A;V4 70AB>A>2C20B8.

5@54>7C20==O.

@8 ?5@54>7C20==V <>6;825 70?0<>@>G5==O B0 =C4>B0.

>1VG=V @50:FVW.

>AV1 V7 ?V428I5=>N GCB;82VABN<>6;82V 0;5@3VG=V @50:FVW, ?>G5@2>=V==O H:V@8,
28A8?0==O, A25@1V6, :@>?82O=:0, 0=3V>=52@>B8G=89 =01@O:, 0=0DV;0:B8G=89 H>:.

@07V 28=8=:5==O 1C4L-O:8E =530B82=8E @50:FV9 >1>2O7:>2> A;V4 ?@>:>=AC;LBC20B8AO 7
;V:0@5< I>4> ?>40;LH>3> 70AB>AC20==O ?@5?0@0BC!

"5@ABV.

2 @>:8.

@5?0@0B =5 <>6=0 70AB>A>2C20B8 ?VA;O 70:V=G5==O B5@ABV, 707=0G5=>3> =0 C?0:>2FV.

#<>28 715@V30==O.

15@V30B8 2 >@83V=0;L=V9 C?0:>2FV ?@8 B5

15@V30B8 C =54>ABC?=>

#?0:>2:0.

> 55 <; 01> ?> 100 <; C D;0:>=0E.

0B53>@VO 2V4?CA:C.

57 @5F5?B0.

8@>1=8:.

5@602=5 ?V4?@8T «:A?5@8<5=B0;L=89 702>4 <54?@5?0@0BV2 =AB8BCBC 1V>>@30=VG=>W B0
=0DB>EV=0;L=>W 0:045

VAF57=0E>465==O 28@>1=8:0 B0 9>3> 04@5A020465==O 4VO;L=>ABV.

#: @0W=0, 02099, <. 8W2, 2C;. @>HC20;L=0, 15 0.